

August 2023

Important Dates & Info.

World Lung Cancer Day –
8/1/2023

National Minority Donor
Awareness Day – 8/1/2023

International Overdose
Awareness Day – 8/31/2023

World Breastfeeding Week –
Aug. 1 – 7, 2023

National Health Center Week –
Aug. 6 – 12, 2023

National Immunization
Awareness Month – August 2023

National Eye Exam Month –
August 2023

Summer Sun Safety Month –
August 2023

Vaccines help everyone stay healthy and able to meet their many obligations including going to work, taking care of your family and yourself, going to school, fulfilling other commitments in your life, and protecting loved ones. So stay up-to-date!

**August is also International
Overdose Awareness Month**

Summer may be winding down!

Vacation Trivia Challenge:

Be the first to answer and win
\$10 dollars.

**How many TCCHD employees have
participated in the
Successorship/Mentorship program
since 2017?**

Please do not use the internet!
First to come, is first served with the right
answer!
There can only be one winner!

Trumbull County Combined Health District Newsletter

Vol. 2, Issue 8., (August 2023).

Another Successful Half-Day Staff Training at the TCCHD.

The TCCHD recently held their annual half-day staff training outlined within the Quality Improvement plan, on June 30th, 2023. All available staff within the TCCHD attended the training, and the topics covered included:

- *Quality Improvement, including the culture of quality within the TCCHD,*
- *Cultural Competency,*
- *Our Branding Policy and Marketing Campaigns,*
- *Workforce Development, focusing on increased camaraderie and work/life balance,*
- *And building emergency response plans.*

TCCHD staff were polled (via digital survey) for two weeks afterwards, to gather their feedback about the training, and this what they reported:

- *3.3 out of 4 possible stars for the quality of material covered,*
- *3.3 out of 4 possible stars for overall experience,*
- *75% of survey respondents felt the content covered met and exceeded their expectations,*
- *3.3 out of 4 possible stars for personal experience during the training,*

The TCCHD administration would like to extend a sincere **“Thank you”** to all the TCCHD staff. Your attendance, and active engaged participation in both the staff trainings, and subsequent evaluations makes the whole process easy for us, and enables the us to continue to provide training(s) that are relevant, interesting, and thought provoking for you all.

Our next staff training will be held in November of 2023. The date, time, and venue are still being worked out, but as always we will attempt to provide high quality training with visuals, speakers and many other facets, so stay tuned.

Covid-19 Data:

As of July 1st of 2023:

- The TCCHD has administered approximately **43,605** doses of the Covid-19 Vaccine.
- **20,937** are first doses,
- **17,862** are second doses,
- **3,426** are monovalent first booster doses,
- **532** are monovalent second booster doses,
- and **848** are bivalent boosters (original and Omicron),
- In **June of 2023**, the TCCHD gave 11 Covid vaccines,
- As of **7/10/2023**, Trumbull County has a case rate of **34.9** per 100,000. *Positivity Rate is no longer being quantified by the CDC.*

Contact Us

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www.facebook.com/trumbullpublichealth

Twitter:

https://twitter.com/trumbull_health

Instagram:

<https://www.instagram.com/t.c.combinedhealthdistrict>

TCCHD History

1968 - Regulation Establishing License Fee to Operate a Solid Waste Disposal Site or Facility was enacted.

1979 – The BOH hires the first epidemiologist for mosquito program.

TCCHD Industry News

Keeping Trumbull County Safe and Healthy one step at a time!

1. The Environmental division for June and July of 2023:
 - i. Performed **241** Food Service Operations Inspections,
 - ii. **170** Real Estate Evaluations,
 - iii. **479** Residential Sewage inspections,
 - iv. **115** Plumbing Inspections,
 - v. And **1091** O&M Samplings.
2. The Nursing division for June of 2023:
 - i. Held **1** children immunization clinics and saw **10** clients,
 - ii. Held **1** adult immunization clinic and saw **13** clients,
 - iii. Had **60** families enrolled in their home visiting program and provided **107** tele/home visits.
3. The TCCHD continues to offer Mail-Order Narcan Kits. Please contact Kathy Parrilla at **330-675-2489** for more details. For all of 2022, **654** were distributed, with **131** being mail order. Kits are also provided to our First Responders in the County as well. Stop Overdoses with Naloxone Because Every Life is Worth Saving. The Life You Save May be Someone You Love. Naloxone is a medication that can reverse an opioid overdose. Overdoses affect people from all walks of life. They could happen to your neighbors, your family or friends. That's why carrying naloxone could be the most important decision you make.

Upcoming Events in Trumbull County

- Face Value Tribute to Phil Collins - 8/11/2023, 8 pm, Robins Theatre, 160 E. Market St., Warren, OH., 44481.
- Bruno Mars and Prince Tribute Bands, Summer Hits at the Ballpark – 8/25/2023, 6 pm, Eastwood Field, 111Eastwood Mall Blvd., Niles OH., 44446.

Quality Improvement QI Contender for July of 2023

Please join me in congratulating **Jennifer Francis**, a family service coordinator within our Help Me Grow Program in the Nursing Division. **Jenn** has become the TCCHD's seventh QI contender and the winner for August of 2023. **Jenn** was chosen by ALL members of management for going above and beyond her typical work role for the extra work she put in while assisting her supervisor with the HFA accreditation submission(s). **Jenn** is now automatically eligible for the title of annual QI Champion which will be announced at the all-day staff training in November of 2023, where she has a chance to win a substantial grand prize as the QI Champion of 2023.

TCCHD Shout Outs

We have three this month. First one goes out to our Grants Coordinator Jenna Amerine for her participation and representation of the TCCHD in the 2023 NACCHO 360 conference,
Second goes out to our Epidemiologist Ericka Clarke for accessing a grant to help with her college tuition. Ericka was able to access this grant because of her current work in public health,
And the final shout out goes to Kris Wilster our EH Director, and all his staff that participated in the Trumbull County Fair this year. Kris and his staff worked all week at the fair insuring that all the food operations were running safely and properly.
Keep up the good work everyone!



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Overdose Information from the TCCHD

The TCCHD would like to share the following information with regard to National Overdose Awareness Day on 8-31-2023. Starting on 8-1 the courthouse in downtown Warren, Ohio, will be lit in **Purple** for the month of August. We will be placing **Purple** flags in courthouse square beginning on 8-21 through 9-1. There will be a **Purple** flag for each life lost, to the disease of addiction, in 2022 and 2023 to date. The TCCHD will also be hosting a “**Locks for Love**” event from 8-1 through 8-31. Individuals can come to the TCCHD to pick up a lock to which they can write their loved ones’ name on and hook it to the fence downtown behind the log cabin. These locks will be on the fence from 8-1 through 9-1. Finally, on 8-31 The TCCHD will collaborate with ASAP and Trumbull County Mental Health and Recovery Board to distribute Narcan kits. We are currently recruiting additional agencies to distribute the kits and there will be more information coming as 8-31 gets closer on which agencies will be participating.

“Your one Trusted, and Unified source for all resources related to Health and Wellness in Trumbull County”

Visit the Trumbull County Wellness Hub at:

<https://livewelltrumbull.com/>

- ✚ Create a Free account,
- ✚ Register for and take Challenges,
- ✚ Access our Calendar of Events,
- ✚ Hear from experts,
- ✚ Access great resources from a number of partners.

Don't Wait...Explore the site today!

Ever visited the Trumbull County Combined Health District?

Let us know how we did with our survey below!

Customer Satisfaction Survey:

<https://www.surveymonkey.com/r/TKBSNMT>

Would you like to see something else added to the newsletter?

Let me know! Email me at
hebonack@co.trumbull.oh.us

Know the Signs:

Signs and Symptoms of Heat Exhaustion:

- ✓ High body temperature,
- ✓ High heart rate and low blood pressure,
- ✓ Dehydration and electrolyte loss,
- ✓ Extreme weakness,
- ✓ Trouble walking,
- ✓ Fainting, or light headedness,
- ✓ Abdominal cramps, nausea, vomiting, or diarrhea,

Signs and Symptoms of Heat Stroke:

- ✓ High body temperature,
- ✓ Profuse sweating,
- ✓ Headache,
- ✓ Irrational behavior,
- ✓ Emotional instability,
- ✓ Altered consciousness,
- ✓ Coma, or seizure.

Who is at risk:

Anyone, but those with the following are at a higher risk:

- ✓ High body mass index, or obesity,
- ✓ Old age,
- ✓ Poor physical health,
- ✓ Sleep deprived,

Health conditions that predispose you to dehydration and malnutrition.

Rabies Info. From the TCCHD

Beginning July 31, 2023, the US Dept. of Agriculture and Animal and Plant Health Inspection Service Wildlife Services, along with the Ohio Department of Health and several Ohio local health departments, will begin distributing an oral rabies vaccine (ORV) by ground and aircraft to immunize wild raccoons in Trumbull County. Contingent on good weather, the operation should be completed by August 25, 2023.

It is best to leave baits alone unless found in area where a child or pet might find it. Wear gloves or use paper towel if you pick up a bait. There is no exposure risk in handling an intact bait. It is recommended that you wash your hands and any exposed skin thoroughly with soap and water after handling any rabies vaccine bait. Ingesting the vaccine will not harm your pet; however, vomiting and diarrhea have occurred in dogs that have ingested multiple baits.

Any human or pet contact with the bait/vaccine, contact the Ohio Dept. of Health at 1-888-574-6656.

(Quality in Action)

At the TCCHD half day staff training on 6-30-2023, the TCCHD quarterly update occurred for all of our Quality Improvement Endeavors. The following were a few key points taken away from all the data sources:

- According to the Quality Improvement Quarterly Efficiency Survey (2nd Quarter 2023), nearly 80% of TCCHD staff Overall, are satisfied with the tools they currently have and use to perform their respective daily job duties. ** This survey was revamped for the 3rd quarter however, and the results from such will differ in the next newsletter.*
- The TCCHD QI Calendar is still being discussed and initially formatted by the administrative core team and will be released relatively soon,
- For 2023, TCCHD staff reports (via QI maturity survey) an aggregate 36% increase in understanding of all things QI being done in the TCCHD when compared to the same survey from 2022,
- The administrative core team is slated to discuss some possible candidates for upcoming quality improvement projects. The following are some potential topics that have been submitted over the past 24 months:
 - Website A-Z Directory,
 - QI Monthly Contender and Champion,
 - Successorship/Mentorship participation, (*no one has participated yet*).
 - Website select a language feature,
 - And Phone Tree Revamp.



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More Great News for the TCCHD and the Homeless Youth within Trumbull County

The TCCHD in collaboration with the Greater Warren-Youngstown Urban League's (GWYUL) Christy House Emergency Shelter (CHES) has been awarded a Youth Homelessness grant to prevent and end youth homelessness in Trumbull County. The aim of this grant and its subsequent work is to help roughly 50 youths who are experiencing homelessness in Trumbull County annually. This help will include, transitional housing, rapid re-housing, and emergency shelter. In addition to this great news, the grant also aligns with our community health assessment priority of addressing barriers around access to care, and the Community Health Improvement Plan objective of increasing access to care. If you have any questions regarding this grant, please don't hesitate to reach out to our grants coordinator Jenna Amerine.

Quality Improvement within the TCCHD

Recently, the TCCHD held its half-day training event at the health district. Many new components of our Quality Improvement (QI) Plan for 2023 were unveiled including the addition of the newsletter QI segment. Please remember to read the newsletter and watch for this segment on a quarterly basis. This segment will include committee and sub-committee decisions on the many aspects of the TCCHD including its culture of quality moving forward, and this newsletter segment will be the reporting mechanism for such...so stay tuned!



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